

BIBLIOGRAPHIE

- Carei TR, Fyfe-Johnson AL, Breuner CC, Brown MA. Randomized controlled clinical trial of yoga in the treatment of eating disorders. *J Adolesc Health*. 2010;46(4):346–51.
- Cook-Cottone CP. Embodied self-regulation and mindful self-care in the prevention of eating disorders. *Eat Disord*. 2016;24(1):98–105. 14.
- Cramer H, Ward L, Saper R, Fishbein D, Dobos G, Lauche R. The Safety of Yoga: a systematic review and meta-analysis of randomized controlled trials. *Am J Epidemiol*. 2015;182(4):281–93.
- Daubenmier J. The relationship of Yoga, body awareness, and body responsiveness to self-objectification and disordered eating. *Psychol Women Q*. 2005;29(2):207–19. 15.
- Douglass L. Thinking through the body: the conceptualization of yoga as a therapy for individuals with eating disorders. *J Eat Disord*. 2011;19(1):83–96. 16.
- Feuerstein G. *The yoga tradition*. Prescott: Hohm Press; 1998. 26.
- Fogarty S, Smith CA, Hay P. The role of complementary and alternative medicine in the treatment of eating disorders: a systematic review. *Eat Behav*. 2016; 21:179–88
- Halliwell E, Jarman H, Tylka TL, Slater A. Evaluating the impact of a brief yoga intervention on preadolescents' body image and mood. *Body Image*. 2018;27:196–201. 17.
- Hari Y. *Hatha yoga pradiipika*. Miramar: Nada Productions; 2006
- Harbottle EJ, Birmingham CL, Sayani FAN. A survival analysis. *Eat Weight Disord*. 2008;13:22–34.
- Hausenblas HA, Cook BJ, Chittester NI. Can exercise treat eating disorders? *Exerc Sport Sci Rev*. 2008; 36:43–7.
- Hay P, Touyz S, Sud R. Treatment for severe and enduring anorexia nervosa: a review. *Aust N Z J Psychiatry*. 2012;46(12):1136–44. 3.
- Leblé, N., Radon, L., Rabot, M., & Godart, N. (2017a). Manifestations dépressives au cours de l'anorexie mentale : données de la littérature et implications pour une utilisation adaptée des antidépresseurs. *L'Encéphale*, 43(1), 62-68.
- Mahlo L, Tiggemann M. Yoga and positive body image: a test of the embodiment model. *Body Image*. 2016;18:135–42. 19.
- McIver S, O'Halloran P, Gartland M. Yoga as a treatment for binge eating disorder: a preliminary study. *Complement Ther Med*. 2009;17(4):196–202
- Meyer C, Touyz S. Managing compulsive exercise among eating disordered patients. In: *Proceedings of the ninth annual Australian and New Zealand Academy for Eating Disorders (ANZAED) Conference*. Aug 2011. Coogee, Sydney, Australia.

Michelis De. A history of modern yoga: Patañjali and Western Esotericism. London: Continuum; 2004.

Noetel M, Dawson L, Hay P, Touyz S. The assessment and treatment of unhealthy exercise in adolescents with anorexia nervosa: a Delphi study to synthesize clinical knowledge. *J Eat Disord.* 2016; 50:378–88.

O'Brien KM, Vincent NK. Psychiatric comorbidity in Anorexia and Bulimia Nervosa: nature, prevalence and causal relationships. *Clin Psychol Rev.* 2003;23:57–74. 4.

Pacanowski CR, Diers L, Crosby RD, Neumark-Sztainer D. Yoga in the treatment of eating disorders within a residential program: a randomized controlled trial. *J Eat Disord.* 2017;25(1):37–51.

Rizzuto et al. *J Eat Disord* (2021) 9:111 <https://doi.org/10.1186/s40337-021-00467-9>

Swinbourne J, Hunt C, Abbott M, Russell J, St Clare T, Touyz S. The comorbidity between eating disorders and anxiety disorders: prevalence in an eating disorder sample and anxiety disorder sample. *Aust N Z J Psychiatry.* 2012;46(2):118–31.

Tremblay, Sara. « L'insatisfaction corporelle selon une approche de santé globale », s. d., 52.
Vancampfort D, Vanderlinden J, De Hert M, Probst M, et al. A systematic review of physical therapy interventions for patients with anorexia and bulimia nervosa. *Disabil Rehabil.* 2014 ;36(8):628–34.